

SHOWCASE EVENT FOR MEMBERS & NON-MEMBERS

FRI 25th SEP 10am to Midday CHANTRY HALL

The Showcase is being held to promote the benefits of u3a membership. All groups will be represented and refreshments will be available (no charge).

Come and find out about joining a different group and bring a friend to introduce them to the advantages of Bedale u3a?

I JOINED THE COMMITTEE BECAUSE....

"Everyone enjoys going to u3a groups and meetings but few people are prepared to do the behind the scenes bits necessary to keep them going. If my contribution helps that in any way then the few hours a month committee work takes are well spent."

"I spent a period as a co-opted committee member during which I got a sense of how the committee works and whether I would fit in. I was then happy to commit to a formal position on the committee. Meetings are held monthly and we have a laugh amongst discussing the business of the day."
(These are quotes from 2 current committee members.)

All of the Committee members are volunteers and ordinary u3a members who need your help and support.

SOCIAL GROUP – All events are open to all members.

A non-refundable deposit of £5/£10 is required at the time of booking.

All members must do a personal risk assessment for each trip.

Thu 13th August – Keswick Theatre Trip to see Calendar Girls. Cost £48.

Balance must be paid by 17th June. Lead: Sheila

Thu 10th Sep – Beamish Museum **cancelled due to insufficient interest.**

Wed 2nd Dec (instead of Meet 'n' Chat) – Christmas Meal at Bedale Golf Club. Vegetarian Option available. Cost £25. Deposit £10.

Leads: Cath and Lynn

RESULTS OF SOUTH DURHAM QUIZ – 17th JUNE

We entered 2 teams in the quiz at Hurworth Grange. Whilst neither team came first, all participants had a great afternoon with lots of laughs and came away having learnt a few new facts! The next quiz will be held in November – look out for details nearer the time.

National u3a Festival – 1-3 July at York University

The festival was officially opened by Johnny Ball and 5 members of our u3a attended. They enjoyed various talks, music performances and workshops including Hand Bell Ringing, Slow Stitching, Chair Yoga, Singing, Maths Puzzles and Wine Appreciation.

INTEREST GROUPS INFORMATION

Book Group 1

- 1st Monday of month; 10-12 at member's home
(03 Aug; 07 Sep; 05 Oct)

Book Group 2

- 4th Monday of month; 2-4 at 'The Reubens',
Leeming Bar (27 Jul; 24 Aug; 28 Sep)

Bridge

- every Thursday from 2pm to 4.30pm at Bedale
Bowling Club

Chess

- 1st & 3rd Wed of month; 2-4pm at a member's
home – (group re-starts on 07 Oct)

Crafts & Chat

- 2nd Wed of month 2.00-3.30 – Member's home
(12 Aug; 12 Aug)

Creative Writing

- 1st Tues of month; 2pm at The Reubens,
Leeming Bar (04 Aug; 01 Sep)

Cycling

- last Friday of the month; 10am from St Gregory's
Church (31 Jul; 28 Aug; 25 Sep)

Discussion Group

- 3rd Monday of month 10-12 at 'The Reubens'
Leeming Bar (20 Jul; 17 Aug; 21 Sep)

Family History

- 3rd Friday of month 10-12 at 'The Reubens'
(17 Jul; 21 Aug; 18 Sep)

French Conversation – every Thursday 10-12 at The Reubens,
Leeming Bar

Guitar Group

- fortnightly on Monday; 10-11.30 at Newton-le-
Willows Village Hall (20 Jul; 03 & 17 Aug)

Meet 'n' Chat

- 1st Wednesday of month 10-12 at 'The Reubens',
Leeming Bar (05 Aug; 02 Sep; 07 Oct)

Mindfulness & Wellbeing – 2nd Wednesday of month 10.15- 11.45 at
Leeming Village Hall (12 Aug; 9 Sep)

Scrabble

- fortnightly on Friday; 2.30pm at member's home
(17 & 31 Jul; 14 & 28 Aug)

Ukulele

- fortnightly on Tuesday at 10.30am at Methodist
Church Hall (14 & 28 Jul; 11 & 25 Aug)

Walking Group

- monthly on 3rd Monday 09.45 (see website)
(20 Jul; 17 Aug)

BEDALE & DISTRICT u3a OFFICIALS

(can also be contacted via [website contacts](#))

Chair	VACANT
Vice-Chair	VACANT
Membership Secretary	Elva Sudworth
Business Secretary	Colin Finch
Treasurer	Nick Bullock
Group Liaison Officer	Elaine Bell
Speaker Coordinator	Terry Kime
Social Group Leader	Lynn Anderson
Website & Publicity	Di Anderson
Committee Member	Jan Glen
Committee Member	Mair Forder
Committee Member	VACANT

GROUP LEADERS/CONTACTS

Book Group 1	Elva Sudworth
Book Group 2	Jan Glen
Bridge	Ray Ward
Chess	Alan Shinkfield
Crafts & Chat	Elaine Bell
Creative Writing	Eileen Church
Cycling Contact	Mark Hughes
Discussion Group	Richard Lee
Family History	Di Anderson
French Conversation	Angela Gill
Guitar	Bob Sampson
Meet 'n' Chat	Lynn Anderson
Mindfulness & Wellbeing	Mair Forder
Scrabble Contact	Elaine Bell
Social Group	Lynn Anderson
Ukulele	Sally Bainbridge
Walking Group Contact	Heather Alcock

If you have an interest you would like to share, please let us know. Help and support is available to start a new group.



Charity Registration number 1182934

INFORMATION SHEET – JUL 2026

See our website for notices and up-to-date information about events and group activities at the link below:

<https://bedale.u3asite.uk/>

National u3a website <https://www.u3a.org.uk/>

Monthly Meetings

Held in Chantry Hall

At 10am for 10.30am until Midday

Entrance £1 – includes refreshments

Wed 15th Jul 2026

"Music to Your Ears" by Paul Whittaker OBE

Despite being profoundly deaf, Paul has had a successful career as a musician, pianist & organist.

Wed 19th Aug 2026

"A Day in the Life of an Archaeologist"

by Karen Adams

Wed 16th Sep 2026

"The Station, Richmond" by John Young